

Tokeneke Classic Road Race

New England Regional Championship Road Race

August 8, 2010 – East Hartland, CT

Presented by Cafeteros Cycling Club & Team Mossman Tokeneke Racing
www.tokenekeclassic.com

<i>RACE</i>	<i>TIME</i>	<i>DISTANCE</i>	<i>FIELD LIMIT</i>	<i>ENTRY FEE</i>	<i>PRIZES</i>
<i>Cat 4 men</i>	9:00 AM	44 Miles (2 laps)	100	\$35	\$150 / Top 5
<i>Masters 45+ (cat 1-4)</i>	9:08 AM	44 Miles (2 laps)	100	\$35	\$250 / Top 5
<i>Women 1/2/3</i>	9:18 AM	44 Miles (2 laps)	100 (combined)	\$35	\$350 / Top 5
<i>Women 4</i>	9:18 AM	44 Miles (2 laps)	100 (combined)	\$35	\$50 / Top 3
<i>Cat 4/5 men</i>	9:25 AM	22 Miles (1 lap)	75	\$35	\$50 / Top 3
<i>Pro/1/2</i>	12:45 PM	66 Miles (3 laps)	100	\$35	\$500 / Top 5
<i>Cat 3 men</i>	12:51 PM	66 Miles (3 laps)	100	\$35	\$350 / Top 5
<i>Masters 35+ (cat 1-4)</i>	12:57 PM	66 Miles (3 laps)	100	\$35	\$300 / Top 5
<i>Juniors 15-18</i>	1:05 PM	44 Miles (2 laps)	75 with M55+	\$25	Medals
<i>Masters 55+ (cat 1-4)</i>	1:05 PM	44 Miles (2 laps)	75 with juniors	\$35	\$100 / Top 3

Note: Women race in a combined field but are scored separately. Juniors and M55+ will start and race together and may work together but will be scored separately and have separate prize lists. **Day-of registration \$15 surcharge.**

CHAMPIONSHIP AND POINTS AFFILIATIONS

NEW ENGLAND REGIONAL CHAMPIONSHIP: The Tokeneke Classic has been chosen as the USAC New England Regional Championship Road Race for 2010. Any rider holding a current USA Cycling annual license who is a USA citizen or permanent resident and resides in New England as shown on their license is eligible for championship medals. (The Tokeneke Classic itself is open to all licensed riders irrespective of residency, but only New England residents qualify for medals.) Medals will be awarded for Men 1/2 and Women 1/2/3, Men 3, Masters men and women by 5-year age group from 35-39 up through 65+.

MCRA: Masters races are part of the 2010 MCRA race series (see www.mastercycleracing.com)

MCRB: Masters races are part of the 2010 MCRB race series (see www.masterscycleracing.com)

JUNIORS: This is a LAJRS event (Lance Armstrong Junior Road Series, see www.usacycling.org/lajrs). Medals will be distributed as follows: Men (15-16, 17-18) in their own race. Women (15-16, 17-18) in the open women's race. Espoir men in the Pro/1/2 race. Junior one-day licensees are eligible for LAJRS medals. Junior women may race for \$25 – junior women who register online can receive a \$10 rebate on race day.

REGISTRATION

On-line registration at www.bikereg.com (online service fee applied based on Bikereg.com standard service fee rates). **Day-of registration \$15 surcharge.** Number pick-up will be at the East Hartland Volunteer Fire Department and opens at 7:45 AM. Registration will close 20 minutes before the start of each race. One day license available for women Cat. 4 and men Cat. 5.

COURSE DESCRIPTION

Course – Hilly 22 mile loop around the Barkhamsted Reservoir with 2100 feet of elevation change per lap. The finishing climb is part of the loop and will be traversed once or more during the race (except Cat. 4/5). The climb itself is about 2.2mi at a consistent 5% grade.

Course Description: The racers start in front of the E Hartland volunteer firehouse and then proceed south on 179, in a clockwise direction around the reservoir. At the junction of Routes 179 and 219 (about 4.3mi), the racers will bear right onto 219 south. The race will move in a clockwise direction so that at intersections the racers turn right, thus avoiding having to cross other lanes of traffic. At the intersection of 219 and 318

(about 6.9mi), the race will bear right onto 318 west and will go over the Saville Dam. Just past the dam at about 7.7mi, the race will turn right onto Beach Rock Road. This is the first climb and PAVEMENT ON BEACH ROCK IS ROUGH. At the corner of Beach Rock and 181 (about 8.6mi), the racers will turn right and travel north on Route 181. In West Hartland (about 15.9mi), the race will proceed east on Route 20, completing the lap by returning the racers to the corner of Routes 20 and 179 in East Hartland. See www.tokenekeclassic.com for race course maps.

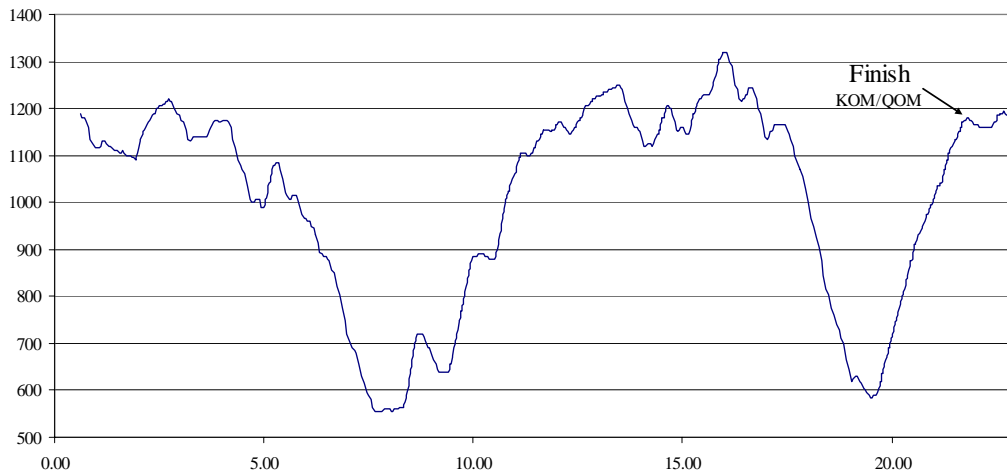
Start Line will be in front of the East Hartland Volunteer Firehouse.

Finish Line will be at the top of Rt 20 / N Hollow Rd (about ½ mile north of the start – north from the start on Rt 179 to the intersection with Rt 20, then about ½ mile north on Rt 20).

Feed Zone will be a few hundred meters before the finish line on Rt 20 / N Hollow Rd. No feeding outside the feed zone. Neutral water will be supplied for 3-lap afternoon races only.

Race Profile

One Lap of the Tokeneke Classic Road Race



DIRECTIONS

GPS For those wanting to use GPS, the address of the parking at Berg (or Burg) field is, according to Garmin: Burg Field, 93 Hartland Blvd, East Hartland, CT 06027, with Lat/Long co-ordinates N41.99395 W72.89969 (WGS84). Registration (no parking at registration) is N41.99755 W72.90659.

I-91 From I-91, take exit 40 for Rt 20. Follow signs to Rt 20 West. Stay on Rt 20 West through Granby and West Granby. Follow signs for parking at Berg Field in East Hartland. Distance from Exit 40 is approximately 17 miles.

Waterbury, CT I-84 From I-84, take exit for Rt 8 North in Waterbury. Follow Rt 8 North into Winsted - 27 miles. Take the US-44/CT-183/CT-8/S Main St exit at end of expressway. Turn LEFT onto Rt 44 East. Stay straight on Rt 44 East 3.5 miles. Turn left onto Ripley Hill Rd/CT-318. Ripley Hill Rd/CT-318 becomes Pleasant Valley Rd/CT-181/CT-318. Turn right onto CT-318/Saville Dam Rd. CT-318/Saville Dam Rd becomes E Hartland Rd/CT-219. E Hartland Rd/CT-219 becomes E Hartland Rd/CT-179/CT-219. Stay straight on E Hartland Rd/CT-179. Go past registration and turn right onto Rt 20 East – 0.3 miles. Follow signs for parking at Berg Field in East Hartland.

PARKING

THERE IS NO PARKING AT REGISTRATION. Parking is at Berg (or Burg) Field, on Rt 20 about 0.3 miles south-east of the Rt 20 / Rt 179 intersection. Registration is about 0.5mi, a 10 minute walk from parking. To walk or ride from the Berg field parking area, take the path through the woods or turn left onto Rt 20 west, go 0.3 miles and take left onto Rt 179. Follow signs for registration. We have coordinated with the town to ensure that there is sufficient parking at Berg field.

Promoter reserves the right to combine fields, reduce mileage or cancel race. Approved helmet required. All USA Cycling rules apply. No tri-bars. No tank-tops. No mountain bikes.

Questions, go to www.tokenekeclassic.com, or contact promoter@tokenekeclassic.com