

Tokeneke Classic Road Race

Sponsored by Pedal and Pump

August 10, 2008 – East Hartland, CT

Presented by Cafeteros Cycling Club & Team Mossman Tokeneke Racing
www.tokenekeclassic.com

<i>RACE</i>	<i>TIME</i>	<i>DISTANCE</i>	<i>FIELD LIMIT</i>	<i>ENTRY FEE</i>	<i>PRIZES</i>
<i>Cat 4 men</i>	9:00 AM	44 Miles (2 laps)	100	\$35	\$250 / Top 5
<i>Masters 45+ (cat 1-4)</i>	9:08 AM	44 Miles (2 laps)	100	\$35	\$200 / Top 5
<i>Cat 4/5 men</i>	9:18 AM	22 Miles (1 lap)	75	\$35	Merchandise
<i>Open Women</i>	9:25 AM	44 Miles (2 laps)	100 with M 55+	\$35	\$500 / Top 6
<i>Masters 55+ (cat 1-4)</i>	9:25 AM	44 Miles (2 laps)	100 with W	\$35	\$100 / Top 3
<i>Pro/1/2</i>	12:10 PM	66 Miles (3 laps)	100	\$35	\$750 / Top 8
<i>Cat 3 men</i>	12:16 PM	66 Miles (3 laps)	100	\$35	\$350 / Top 5
<i>Juniors 15-18</i>	12:22 PM	44 Miles (2 laps)	75	\$25	Medals / \$50
<i>Masters 35+ (cat 1-4)</i>	12:30 PM	44 Miles (2 laps)	100	\$35	\$300 / Top 5

Note: KOM/QOM \$20 prize on first lap. Women and M55+ will start and race together and may work together but will be scored separately and have separate prize lists. No day-of registration

POINTS AFFILIATIONS

MCRA: Masters races are part of the 2008 MCRA race series (see www.mastercycleracing.com)

JUNIORS: This event will be the junior New England regional championship. Junior events are part of the Lance Armstrong Junior Olympic Road Series (see www.usacycling.org/lajors). LAJORS Medals will be distributed as follows: Men (15-16, 17-18) in their own race. Women (15-16, 17-18) in the open women's race. Espoir men in the Pro/1/2 race. Junior one-day licensees are eligible for LAJORS medals. Junior women may race for \$25, rebates on race day for BikeReg.com registrations

REGISTRATION

On-line registration at www.bikereg.com. No day-of race entry. Number pick-up will be at the East Hartland Volunteer Fire Department and opens at 7:45 AM. Registration will close 20 minutes before the start of each race. One day license available for women Cat. 4 and men Cat. 5.

COURSE DESCRIPTION

Course – Hilly 22 mile loop around the Barkhamsted Reservoir with 2100 feet of elevation change per lap. The finishing climb is part of the loop and will be traversed once or more during the race (except Cat. 4/5). At the end of the first lap it will be the KOM/QOM. The climb itself is about 2.2mi at a consistent 5% grade.

Course Description: The racers start in front of the E Hartland volunteer firehouse and then proceed south on 179, in a clockwise direction around the reservoir. At the junction of Routes 179 and 219, the racers will bear right onto 219 south. The race will move in a clockwise direction so that at intersections the racers turn right, thus avoiding having to cross other lanes of traffic. At the intersection of 219 and 318, the race will bear right onto 318 west and will go over the Saville Dam. Just past the dam, the race will turn right onto Beach Rock Road. At the corner of Beach Rock and 181, the racers will turn right and travel north on Route 181. In West Hartland, the race will proceed east on Route 20, completing the lap by returning the racers to the corner of Routes 20 and 179 in East Hartland. See www.tokenekeclassic.com for race course maps.

Start Line will be in front of the East Hartland Volunteer Firehouse.

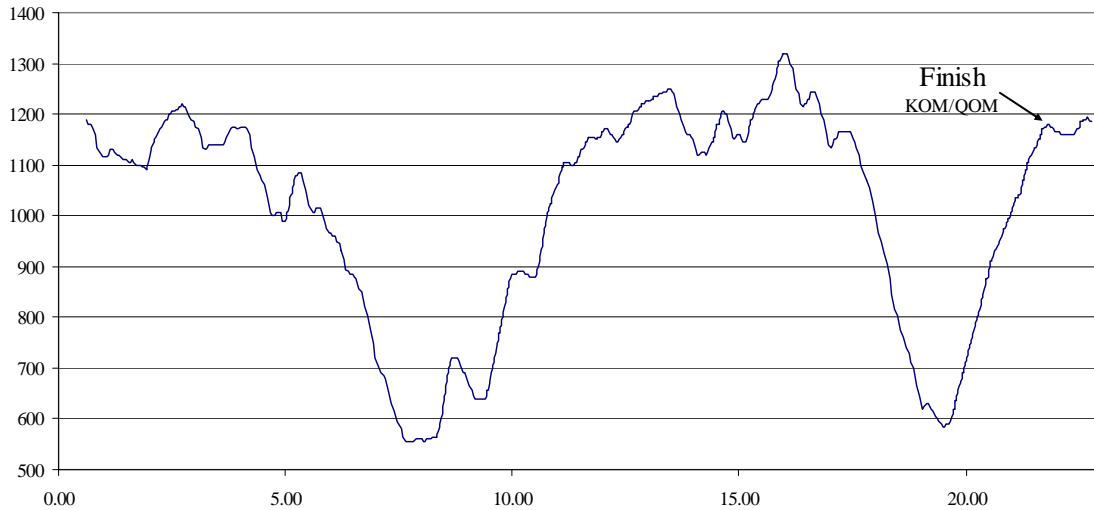
Finish Line will be at the top of Rt 20 / N Hollow Rd (about ½ mile north of the start – north from the start on Rt 179 to the intersection with Rt 20, then about ½ mile north on Rt 20).

KOM/QOM will be on the first lap, at the same location as the finish line

Feed Zone will be a few hundred meters before the finish line on Rt 20 / N Hollow Rd. No feeding outside the feed zone

Race Profile

One Lap of the Tokeneke Classic Road Race



DIRECTIONS

I-91 From I-91, take exit 40 for Rt 20. Follow signs to Rt 20 West. Stay on Rt 20 West through Granby and West Granby. Follow signs for parking at Berg Field in East Hartland. Distance from Exit 40 is approximately 17 miles.

Waterbury, CT I-84 From I-84, take exit for Rt 8 North in Waterbury. Follow Rt 8 North into Winsted - 27 miles. Take the US-44/CT-183/CT-8/S Main St exit at end of expressway. Turn LEFT onto Rt 44 East. Stay straight on Rt 44 East 3.5 miles. Turn left onto Ripley Hill Rd/CT-318. Ripley Hill Rd/CT-318 becomes Pleasant Valley Rd/CT-181/CT-318. Turn right onto CT-318/Saville Dam Rd. CT-318/Saville Dam Rd becomes E Hartland Rd/CT-219. E Hartland Rd/CT-219 becomes E Hartland Rd/CT-179/CT-219. Stay straight on E Hartland Rd/CT-179. Go past registration and turn right onto Rt 20 East - 0.3 miles. Follow signs for parking at Berg Field in East Hartland.

PARKING

THERE IS NO PARKING AT REGISTRATION. Parking is at Berg Field, on Rt 20 about 0.3 miles south-east of the Rt 20 / Rt 179 intersection. Registration is about 0.5mi, a 10 minute walk from parking. To walk or ride from the Berg field parking area, turn left onto Rt 20 west. Go 0.3 miles and take left onto Rt 179. Follow signs for registration. We have coordinated with the town to ensure that there is sufficient parking at Berg field.

Promoter reserves the right to combine fields, reduce mileage or cancel race. ANSI approved helmet required. All USA Cycling rules apply. No tri-bars. No tank-tops. No mountain bikes.

Questions, go to www.tokenekeclassic.com, or contact promoter@tokenekeclassic.com